

September 2020

Arickaree Menu



August '20							October '20							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
						1						1	2	3
2	3	4	5	6	7	8	4	5	6	7	8	9	10	
9	10	11	12	13	14	15	11	12	13	14	15	16	17	
16	17	18	19	20	21	22	18	19	20	21	22	23	24	
23	24	25	26	27	28	29	25	26	27	28	29	30	31	
30	31													

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
30	31	1 French toast sticks sausage, fruit & milk Tator Tot Casserole salad, veggie, fruit & milk	2 Bagels, eggs, fruit, & milk Hamburger, fries, salad veggie, fruit & milk	3 Scones, sausage, fruit & milk Spaghetti, breadsticks salad, veggie, fruit & milk	4 No School	5	
6	7 No School	8 Breakfast Cookie, sausage, fruit & milk Sloppy Joes, fries, salad veggie, fruit & milk	9 Eggs & sausage fruit & milk Beef & Cheese burritos refried beans, veggie fruit & milk	10 Yogurt Parfaits, strawberries & milk Pizza Casserole, salad veggie & fruit	11 Eggs, toast, fruit & milk Chicken tenders, tator tots green beans, fruit, salad milk	12	
13	14 Breakfast Pizza, fruit, cereal & milk Salisbury steak, baked potato, corn, salad, fruit & milk	15 Muffin Bread eggs, fruit & milk Tortellini, breadsticks, salad veggie, fruit & milk	16 Pancakes, sausage fruit & milk Tacos, spanish rice, corn salad, fruit & milk	17 Biscuits & Gravy fruit & milk Sub sandwiches, chips, salad, veggie, fruit & milk	18 No School	19	
20	21 Waffles, sausage Cereal, fruit & milk Meat or Cheese Pizza Salad, veggie, fruit & milk	22 Yogurt Parfaits, breakfast cookie, fruit & milk Lasagna, green beans, salad, fruit & milk	23 Eggs, toast, fruit & milk Baked BBQ Chicken, mashed potatoes, fruit & milk	24 Breakfast Casserole, Cereal, fruit, & milk Grilled Cheese, tomato soup, salad, veggie, fruit & milk	25 No School	26	
27	28 Scones, sausage, fruit & milk Hot Dogs, fries, salad, veggie, fruit & milk	29 Breakfast sandwich, fruit & milk Chicken Alfredo, carrots, salad, fruit & milk	30 Bagels, sausage, fruit & milk Enchilada Casserole Salad, veggie, fruit & milk	1	2	3	
4	5	Notes This institution is an equal opportunity provider. Always check the website for current information and/or changes. www.arickaree.org					